



Team Uniform Policy

The RAMS Swimming club is sponsored by TYR (pronounced TIER). Named after the mythical Norse god of warriors and deity among all athletes, the TYR brand embodies the competitive spirit of sports and is a symbol of courage and victory. Founded in 1985, TYR has passionately dedicated itself to redefining the next generation of performance and recreational swimwear and accessories, while continuing to be the model of leading edge innovation and style.

This sponsorship is a great asset to our club along with many perks, but our team is required to wear TYR gear **exclusively**. This deal will allow us to get all of our team gear at a great discounted price. All of your RAMS TYR Gear can be ordered & purchased through **Beach Party Swimwear**, located in the Brick Market Place in Newport. Beach Party Swimwear, 135 Swinburne Row, Newport, RI. 02840- 1-1800-789-9730 (www.beachpartyswimwear.com).

RAMS Elite Team Member are required to have:

- TYR Team Warm-Ups (Tops & Bottoms)
- TYR Team Parka
- TYR Team Bag or Backpack
- (2) Team Suits, Practice & Racing
- Team Cap
- (2) Team Shirts
- Mesh Equipment bag (Strokemaker Paddles, Fins, Pull Buoy, Kickboard, **Tempo Trainer**)

RAMS Senior Team Members are required to have:

- TYR Team Warm-Ups (Tops & Bottoms)
- TYR Team Bag or Backpack
- (2) Team Suits, Practice & Racing
- Team Cap
- (2) Team Shirts
- Mesh Equipment bag (Strokemaker Paddles, Fins, Pull Buoy, Kickboard, **Tempo Trainer**)

RAMS Junior Team Members are required to have:

- TYR Team Warm-Ups (Tops & Bottoms)
- Racing Team Suit, (Practice suit optional)
- Team Cap
- Team T-Shirt
- Mesh Equipment Bag (Strokemaker Paddles, Fins, Pull Buoy, Kickboard)

RAMS Age Groupers & Developmental are required to have:

- Racing Team Suit
- Team Cap
- Team T-Shirt
- Mesh Equipment Bag (Fins, Kickboard, Pull Buoy)

Caps Order Through KERI OR MATT. Email the amount and if you want silicone \$15.00(thick cap) or latex \$6.00(thin cap). **Team T-Shirts** are placed through the **Rams Gear order form**.

Common Uniform Questions:

What about Goggles? Goggles are like sneakers you should wear what you like and feels good. When you find a pair you like it is generally wise to buy two pairs. Goggles break frequently is it good to have a back up pair.

What size paddle should I order?

XS Red (junior swimmer ages 11-13)
Small green (junior and senior swimmer ages 12-14)
Med yellow (15-19 year old female and 13-15 male)
Large red (15-19 year old male)
X-Large blue-college

If you are still unsure just ask a coach. Please note there are two red paddles be sure to also specify the size. Also there is some overlap in the sizing. Swimmers who are small for their age should size down.

What if I have equipment from the past season? You only need to replace equipment when it lost broken and or you out grow it.

Do boys need caps? No, however if the boys hair is long you may need one. Junior, Senior and Elite boys should have them for all taper meets. They do make you faster.

What if my cap breaks? There are no refunds on ripped caps.

Uniform Tips

1. Put your name on everything!!!!!!
2. Embroider everything you can.
3. At swim meet encourage your swimmer to place all close not being worn back into there bag and zip it.
4. Have an extra cap and goggles for meets.
5. Rinse your suits and hang them to dry and they will last longer.
6. Lay your cap to dry and put baby powder in it and it will last three times as long.
7. Remember when you are in your team gear you represent your entire team.

If you have any questions regarding our Uniform Policy please feel free to e-mail Keri or Matt.