



*Surfside Masters Swim Team*. Do hereby waive and release any and all rights and claims for damage I may have against St. George's School Hoyt Pool and the *Rams Surfside Masters Swim Team* their agents, representatives, successors, or assignees for any and all injuries to me resulting from the participation in said program.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

### **Proof of USMS Registration**

I, \_\_\_\_\_ (Print Name) understand that in order to participate in *Rams Surfside Masters Swim Team* workouts/training sessions I must be a current member, and in good standing of United States Masters Swim Club. In the event that my United States Masters Swim Registration expires or is revoked, I understand that I may not participate in workouts or training sessions with the *Rams Surfside Masters Swim Team*.

USMS Registration # \_\_\_\_\_

Exp. Date \_\_\_\_\_

Signature \_\_\_\_\_

Date \_\_\_\_\_